

初探佛教「悲智雙運」的價值與實踐

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摘要

慈悲與智慧是佛教追求的根本價值，也是心靈環保的重要實踐項目。本文首先探索佛教悲智雙運的價值意涵，包括慈悲不僅具有倫理的意涵，更具有智慧的意涵；次論為何需要悲智雙運，因為悲智雙運具有中道的特色，不能偏落悲智兩端，才能展現悲智雙運的價值；最後再探討悲智雙運的實踐方法，包括視慈悲與智慧二者是互為手段與目的。而且，佛教強調慈悲與智慧二者的融合，亦即利他與自利的徹底結合，才能實現悲智雙運的至高理想，完成人世間心靈環保的目標。

關鍵詞：慈悲、智慧、悲智雙運

A Preliminary Study on the Value and Practice of Buddhism's "Compassion and Wisdom"

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Abstract

Compassion and wisdom are the fundamental values pursued by Buddhism, as well as important practice items for spiritual environmental protection. This article first explores the value connotation of Buddhism's integration of compassion and wisdom, including that compassion has not only ethical meaning, but also wisdom meaning; secondly, it discusses why integration of compassion and wisdom is necessary, because it has the characteristics of the middle way and the values of both compassion and wisdom can be demonstrated well only when they are well integrated. Finally, we will discuss the practical methods of integrating compassion and wisdom, including setting compassion and wisdom as mutual means and ends. Moreover, Buddhism emphasizes the integration of compassion and wisdom, that is, the thorough combination of altruism and self-interest, in order to realize the supreme ideal of both compassion and wisdom, and achieve the goal of environmental protection of the human mind.

Keywords : Compassion, Wisdom, The integration of compassion and wisdom